

The difference we made in 2017...

9,411 children



4,137
families received a short break or day out.

6,883 adults



Issues affecting families

- 59% Mental health issues
- 37% Domestic violence
- 30% Physical health issues
- 19% Bereavement
- 11% Victims of antisocial behaviour & crime

62%
had a break together for the first time

How families benefited

We worked with over **1,300** referrers nationwide from **196** local authority areas. That's **90%** of all local authority areas.

99%

had fun and created happy memories

98%

of children had new experiences

96%

of families had a chance to spend more time together

95%

were more optimistic about the future

93%

reduced stress and worries

93%

of families were able to cope better after the break

92%

got on better as a family

86%

had more confidence

BECAUSE A LITTLE
SUNSHINE
GOES A LONG WAY

FamilyHolidayAssociation.org.uk
Registered charity number 800262

Statistics collated from applications and feedback from families and their referrers.