

February Outdoor Games

Let's get outdoors this winter and have some fun! Taking time to play outside in daylight does great things for our mood at this time of year! Use this list to plan some outdoor family game time this month and tick them off as you play them – don't forget to wrap up warm!

 <p>Obstacle course</p>	 <p>Hopscotch</p>	 <p>Scavenger Hunt</p>	 <p>Running races</p>	 <p>Jumping – who can jump the highest or the furthest!</p>
 <p>Ball games – like catch, football or piggy in the middle</p>	 <p>Build a fort or outdoor den</p>	 <p>Simon Says</p>	 <p>Skipping</p>	 <p>Hula hooping</p>

You can find out more about the amazing benefits of being outdoors on our website at FamilyHolidayAssociation.org.uk/FamilyFun2021

Sharing photos of your adventures on social media? Don't forget to tag us @famholidayassoc and use the #FamilyFun2021 hashtag!